

# Ultimate Garden Cheat Sheet

Hey there! This is fantastic!

Our veggie planting cheat sheet is going to give you the tools you need to know exactly how far apart to plant your plants for maximum production, how much you can expect to harvest, our favorite varieties (so you know you're growing a winner) *and more...*

So let's dive right in.

## GUIDE TO UNDERSTANDING THE CHEAT SHEET:

**Direct Seeding vs Transplanting:** Direct seeding is when you plant your seeds directly into the ground in your garden. Transplanting is when you seed your plants indoors in a soil block or plug tray and then transplant them into your garden later.

You'll notice we like to transplant a LOT of what we grow. It gives a more sure harvest and uses the garden space more efficiently. But some things are easiest when sown directly into the ground.

The crops we like to direct seed are labeled: **DS**

The crops we like to transplant are labeled: **T**



**Spacing Guide:** We use a very simple spacing guide for maximum production in your garden. But first make note that our spacing recommendations are designed for growing in a 30 inch wide garden bed. We then use three numbers to define the spacing used for each crop (ex. 2/14/18). Here's how the three numbers work:

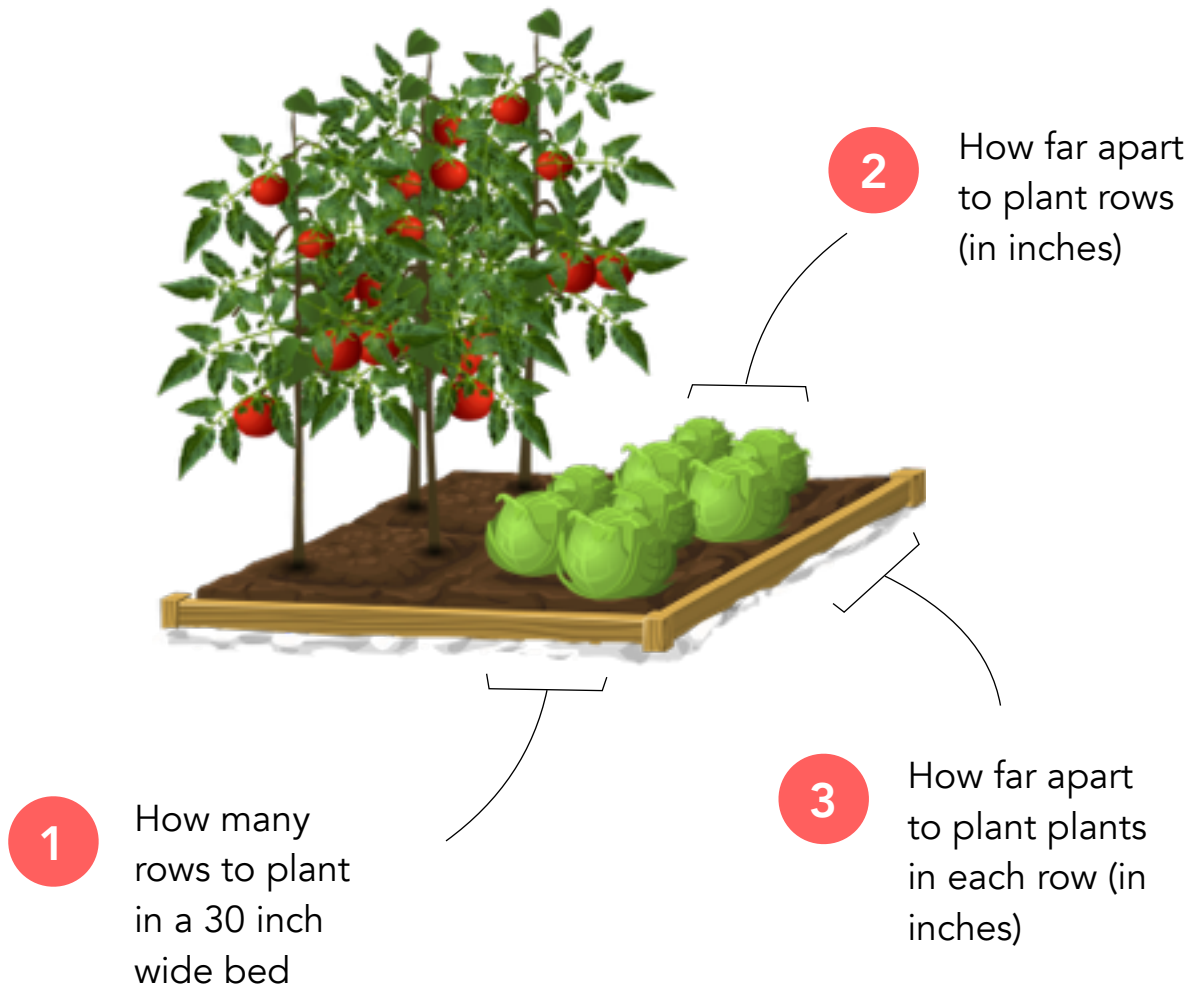
1st number shows how many rows to plant in the 30 inch bed

2nd number represents how many inches apart to space the rows

3rd number represents how many inches apart to plant your plants

Cabbage: 2 / 14 / 18

①    ②    ③



NOTE: The rows of plants in each bed should be staggered like in this diagram where there are three rows staggered with each other:



**Expected Harvest:** This is about how much food you can expect to harvest from each crop based on how much you can grow in 100 feet of a 30 inch wide bed.

**Seeding Tips:** We share some seeding tips on when to plant each crop or if you can plant multiple times during the year for a longer harvesting time.

**Favorite Varieties:** Looking through a catalog with hundreds of options can sometimes be overwhelming. These are some varieties that have performed well for us here in the hot, humid southeast. Stick to one of our favorites and you can know you're growing a winner and save the stress of trying to figure it out yourself! Disclaimer: Differences in seasons can cause a particular variety that did very well last year to do poorly this year. We will often hedge our bets by planting several different varieties of a crop. In addition, new varieties are always appearing in catalogues as other varieties are being dropped and we are always trying varieties we hadn't tried in the past.



Crop	Direct Seed or Transplant	Spacing Guide	Expected Harvest (100 ft of bed)	Seeding Tips	Favorite Varieties
<b>Dried Beans</b>	DS	2/14/4	-		Pinkeye Purple Hull, Iron and Clay (also makes a good cover crop)
<b>Green Beans</b>	DS	2/14/4	60lb/week	Every 2 weeks for a continuous harvest	<b>Snap</b> - Jade, Strike <b>Pole</b> - Kentucky Wonder
<b>Beets</b>	DS or T (2-3 seeds per block)	DS - 3/10/1 thin to 3 inches T - 3/10/6	160 bunches (3-5 beets/ bunch)	Up to 6 seedings three weeks apart, spring and late summer	<b>Red</b> - Merlin, Ace <b>Yellow</b> - Touchstone Gold <b>Chioggia</b> - Guardsmark
<b>Broccoli</b>	T	2/14/18	120 heads	Spring and fall. One or two seedings each season	De Cicco, Waltham, Belstar, Batavia, Fiesta
<b>Cabbage</b>	T	2/14/18	120 heads	Spring and fall. One or two seedings each season	<b>Fresh</b> - Famosa, Farao, Red Express, Golden Acre <b>Storage</b> - Impala, Deadon
<b>Carrots</b>	DS	6/4/0.5 thin to 1.25"	180 bunches, 8-12 carrots/ bunch	Seed every 2-3 weeks spring and fall	<b>Orange</b> - Yaya, Napoli, Bolero <b>Colored</b> - White Satin, Yellowstone, Purple 68
<b>Cauliflower</b>	T	2/14/18	120 heads	Spring and fall. One or two seedings each season	Skywalker, Snowball, Veronica (Romansco)
<b>Chard</b>	T	3/10/12	150 bunches/ week. Assume 1 bunch per 2 plants, every 2 weeks	2 seedings (early spring and mid to late summer if your summers are hot. If they are cool you could add a late spring seeding for a summer crop).	Rainbow, Fordhook Giant
<b>Collard</b>	T	2/14/18	Assume 1 bunch per 2 plants, every 2 weeks	2 seedings (early spring and mid to late summer if your summers are hot. If they are cool you could add a late spring seeding for a summer crop).	Champion

Crop	Direct Seed or Transplant	Spacing Guide	Expected Harvest (100 ft of bed)	Seeding Tips	Favorite Varieties
<b>Corn</b>	DS	2/14/12	8 dozen ears	Must be grown in blocks at least 4 rows wide and an equal distance in length for proper pollination. Succession plantings 2-3 weeks apart for a steady supply	Silver Queen, Popcorn
<b>Cucumbers</b>	T	1 row, 18 inches between plants	Assume 5-10 cucumbers/ plant	2 seedings, early spring and mid summer. If disease and pest pressure are high, do a seeding every month	Marketmore, Corinto, Lemon
<b>Eggplant</b>	T	1 row, 18 inches between plants	65 eggplant/ week	1 or 2 seedings, early spring and late spring	Black Beauty, Nubia, Traviata, Gretel, Hansel, Fairy Tale
<b>Kale</b>	T	3/10/12	150 bunches/ week. Assume 1 bunch per 2 plants, every 2 weeks	2 seedings (early spring and mid to late summer if your summers are hot. If they are cool you could add a late spring seeding for a summer crop).	Ripper, Lacinato, Siberian, Red & White Russian, Curly Roja
<b>Romaine Lettuce</b>	T	3/10/12 for large heads 4/8/6 for mini heads	250 large heads or 800 mini heads	Seed every two weeks	<b>Green Large</b> - Ridgeline, Holon, Green Towers, Coastal Star, Jericho <b>Green Mini</b> - Ansar, Dragoon <b>Red Large</b> - Rouge d'Hiver <b>Red Mini</b> - Breen, Pomogranate Crunch, Truchas
<b>Leaf Lettuce</b>	T	3/10/12	250 heads	Seed every two weeks	<b>Green</b> - Black Seeded Simpson, Waldmann's, Lettony, Bergam's Green, Muir, Nevada <b>Red</b> - Vulcan, New Red Fire, Red Sails, Magenta

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<b>Butterhead/ Bibb Lettuce</b>	T	3/10/12 for large heads 4/8/6 for mini heads	250 large heads or 800 mini heads	Seed every two weeks	<b>Green Large</b> - Nancy, Kweik <b>Green Mini</b> - Spretnak, Winter Density, Bambi <b>Red Large</b> - Red Cross, Skyphos, Alkindus, Roxy, Pirates <b>Red Mini</b> - Austral, Rhazes
<b>Oakleaf Lettuce</b>	T	3/10/12 for large heads 4/8/6 for mini heads	250 large heads or 800 mini heads	Seed every two weeks	<b>Green Large</b> - Panisse, Encino, Emerald Oak, Regal Oak <b>Red Large</b> - Oscarde  For mini heads, use mini head spacing and harvest earlier than DTM.
<b>Melons</b>	T	1 row, 18 inches between plants	About 100 melons	Seed in the spring	Edens Gem (Rocky Ford), Halona, Arava, SunJewel, Trifecta
<b>Onions</b>	T	3/10/10	420 lbs	5 seed/pot or block, thin to 3 plants	<b>Bulb Onions</b> - Candy, Valencia, Walla Walla <b>Bunching (Scallions)</b> - Evergreen  Bulb onions are day-length sensitive. For more info see: <a href="http://www.dixondalefarms.com/onion_plant_daylengths">http://www.dixondalefarms.com/onion_plant_daylengths</a>
<b>Peas</b>	DS	1 row, 1/2" between seeds. Thin to 1 plant every 4 inches	272 lbs	2 seedings in spring, one month apart.  For an overwinter cover crop, sow late summer-early fall.	Sugar Ann, Austrian Winter Pea (for a field pea, also a great overwinter cover crop)
<b>Peppers</b>	T	1 row, 9 inches between plants	120 peppers/week. Assume 1 pepper/plant/week	1 or 2 seedings, early spring and mid summer	<b>Sweet</b> - Corno di Toro, Carmen, Oranos, King Crimson <b>Hot</b> - Hungarian Hot Wax, Jalapeño

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<b>Potatoes</b>	DS	1 row, 12 inches apart in row	60-100 lbs	Seed 10 lbs for 80-100 feet of bed	<b>White</b> - Kennebec <b>Yellow</b> - Yukon Gold <b>Red</b> - Red La Soda, Purple Viking
<b>Radishes</b>	DS	6/6/0.5 thin to 1.25" <b>Daikon, Nero Tondo, Watermelon:</b> 2/18/2 thin to 1 every 4 inches	300 bunches. 6-12 radishes/bunch	4 seedings, 2 in spring, 3 weeks apart. 2 in late summer 6 weeks apart	Celesta, Cherry Belle, Pink Beauty, Purple Plum, D'Avignon (French Breakfast), White Beauty, Watermelon, Nero Tondo, Daikon
<b>Sweet Potatoes</b>	DS using plant slips	1 row, 12 inches apart in row	Expect at least 100 lbs	Plant in spring	Beauregard, Georgia Jets, Hatteras, O'Henry
<b>Spinach</b>	T	4/6/6	Expect 75 lbs with 2-3 pickings	2 seedings in spring, 4 weeks apart. 2 in late summer, 2 weeks apart	Space, Corvair, Red Cardinal
<b>Summer Squash</b>	T	1 row, 24 inches between plants	Assume 5-10 squash/plant	3 plantings. 2 in spring 1 month apart. 1 in mid summer	Dunja, Yellow Crookneck, Y-Star, G-Star
<b>Winter Squash</b>	T	1 row, 24 inches between plants	Expect about 200 lbs	Seed in the spring	Butternut, Acorn, Baby Blue Hubbard, Delicata, Sugar Dumpling, Buttercup, Spaghetti, Crown Pumpkin, Kabocha
<b>Tomatoes</b>	T	1 row, 18 inches between plants	Expect about 200-500 lbs	2 seedings at least 1 month apart	<b>Slicing</b> - Orange, Caiman (leaf mold resistance for hoop house), Big Dina, Moskovich, Cosmonaut, Volkay, Cherokee Purple <b>Cherry</b> - Sungold
<b>Turnips</b>	DS	5/6/0.5 thin to 1.25 inches	200 bunches of 3-4/bunch	3 seedings in spring, 2 weeks apart. 2 seedings in late summer, 3 weeks apart	Purple Top, Hakurei (Japanese Market)



## BONUS! Our Favorite Companion Planting Infographic:

You asked, we listened! Now you can quickly see which veggies will do well grown together using our favorite [companion planting infographic](#) (click the link to view) from [lovethegarden.com](#).

The infographic is titled "Companion Planting" and is from [lovethegarden.com](#). It explains that companion planting is used for pest control, space efficiency, and encouraging pollinators. The main section is titled "Vegetables" and features six panels, each showing a vegetable in a planter box with its recommended companion plants and reasons for pairing them.

Vegetable	Plant with	Reasons to plant together
Asparagus	Dill, Coriander, Basil, Parsley, Marigold	Asparagus Beetle
Carrots	Alliums*, Rosemary, Sage, Flax Mint	Aphids & Carrot Root Fly
Cabbage	Geranium, Dill, Alliums*, Rosemary, Nasturtium	Caterpillars & White Fly
Tomatoes	(Not explicitly listed in the image)	(Not explicitly listed in the image)
Broccoli	(Not explicitly listed in the image)	(Not explicitly listed in the image)
Cucumber	(Not explicitly listed in the image)	(Not explicitly listed in the image)

# Did You See Our Seven Secrets Gardening Course?

Perfect Companion to the Ultimate Garden Cheat Sheet



## Inside you'll learn:

- How to deal with some of the most common pests in the garden without using toxic chemicals
- A super simple technique to keep your garden weed free in just minutes a week
- How to prepare your garden beds without breaking your back
- How to grow more veggies in less space to increase your harvest size and get a bigger return from your garden
- And more...

[Click Here for the Full Details](#)