



FREE GIVEAWAYS



WIN FREE PRIZES!

FREE DRAWINGS AT THE END OF EACH CLASS

FREE GIVEAWAYS



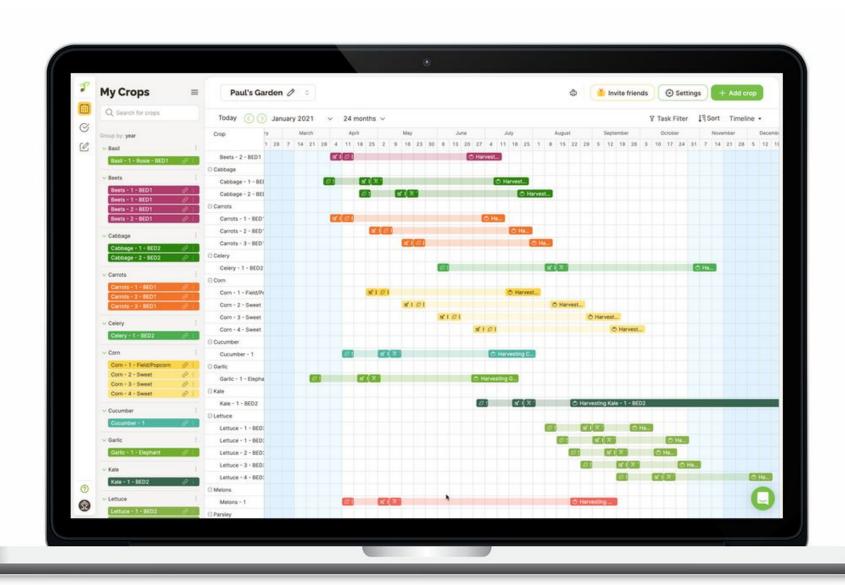


WIN LIFETIME ACCESS

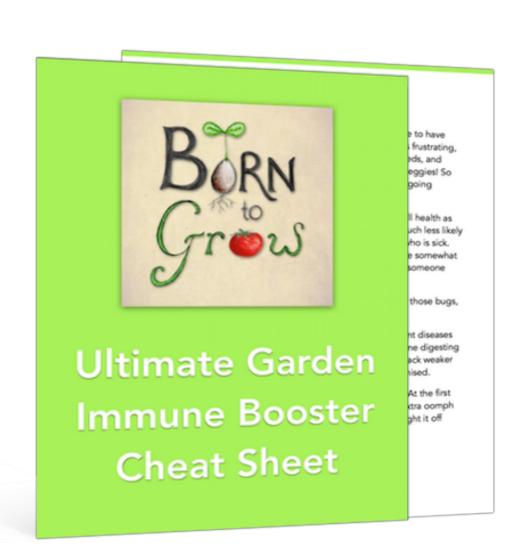
- ➤ Our ELITE Gardening Membership
- ➤ Lifetime Unlimited level access to Seedtime
- ➤ Monthly LIVE meetings
- ➤ Private FB Group Access
- Access to our ELITE garden training library online

GET ACCESS TO SEEDTIME

TUESDAY!

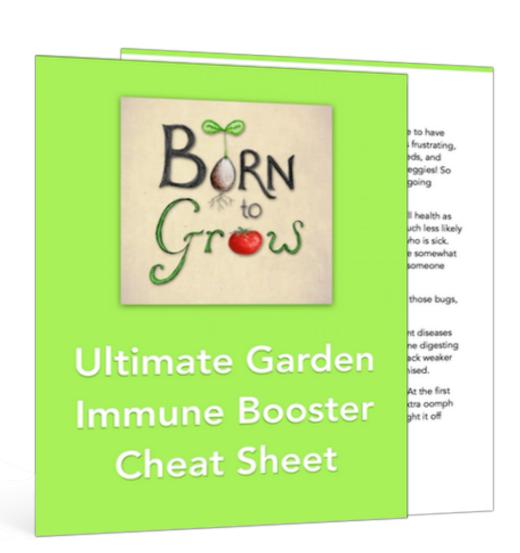


FREE GIVEAWAY



FREE! GIVEAWAY AT THE END OF CLASS

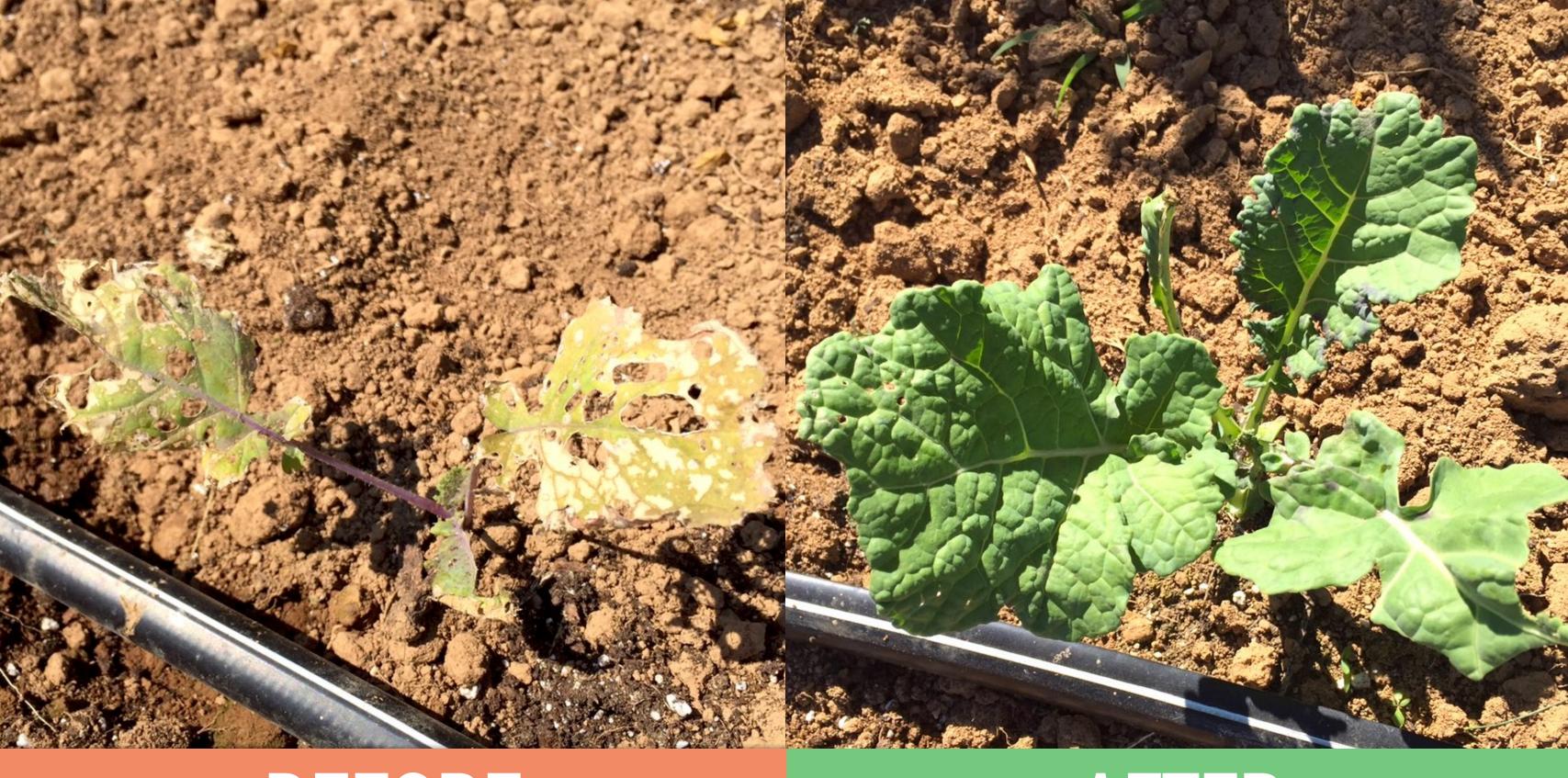
FREE GIVEAWAY



- Our #1 natural organic fertilizer mix to grow beautiful plants that thrive
- ➤ Our favorite quick action liquid fertilizer for a fast immune boost
- ➤ The hidden all-natural fertilizer hardly anyone is using that has over 90+ trace minerals for optimum health and incredible flavor







BEFORE

AFTER

OVERVIEW:

- 1. PRE-TRAINING
- 2. DAY 1: Choosing what to grow in your garden
- 3. DAY 2: Choosing where to grow (mapping it out)
- 4. DAY 3: Creating your planting calendar (and our perpetual harvest hack!)
- 5. DAY 4: Succession planting made easy
- 6. DAY 5: Wrap-up and Q+A









































Events or companies Born to Grow (now Seedtime) has been featured in:









Sustainable Preparedness

Adventist® Agricultural Association
Returning To Our "Roots"

There was a very <u>noticeable</u> difference in the amount of fruitage this year compared to last year... I really got to give credit where credit is due, so I thank God and thank you for sharing the knowledge and wisdom to the masses."

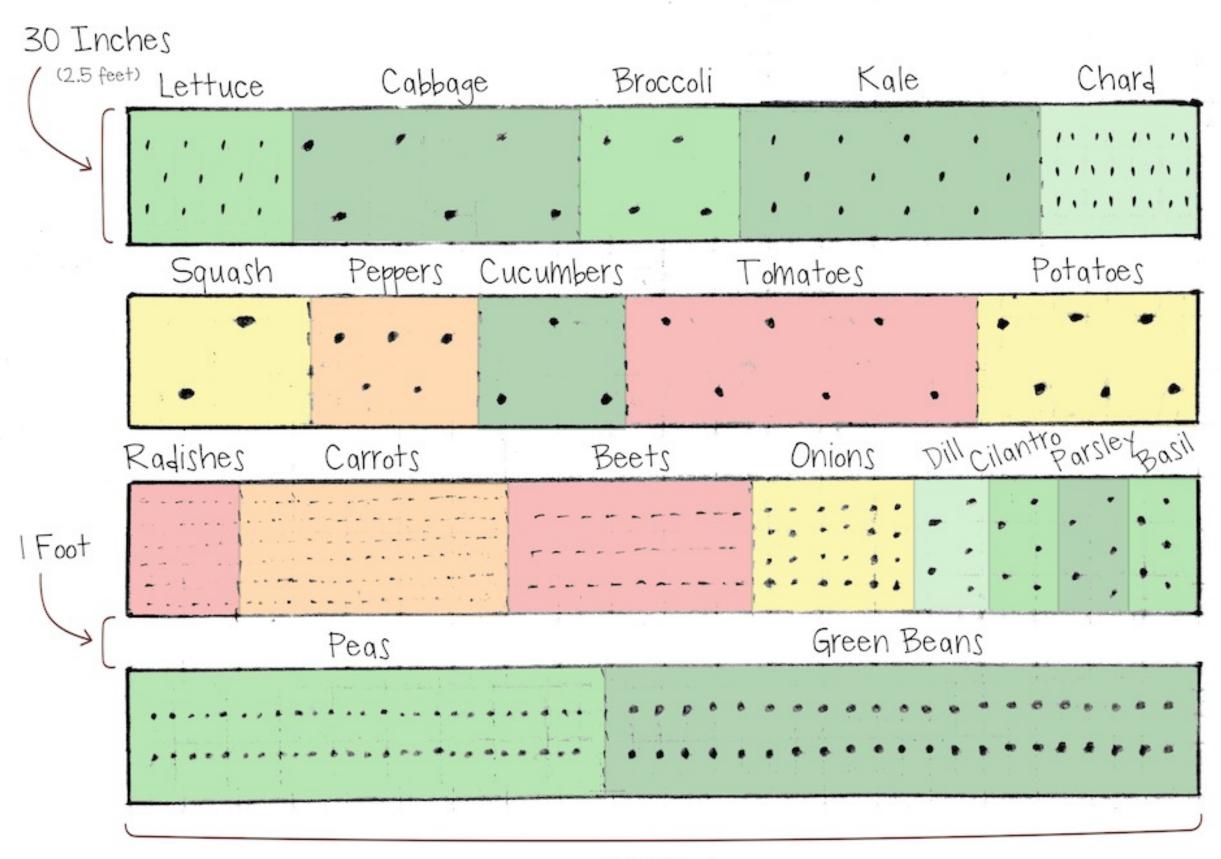
Roy Kim - New York USA



There was only one small space in the yard that got much sun so I put in an 8 foot by 4 foot garden of Russian kale, Georgia southern collards, and black seeded Simpson lettuce in September... The lettuce needed more sun and didn't do well, but the kale and collards did well all winter... I ate fresh greens all winter."

James Hunt - Tennessee USA





20 Feet



MAKE A LIST

- 1. Make a list of what you would like to grow
- 2. Be as specific as possible
 - 1. Pickling cucumbers
 - 2. Cherry tomatoes
- 3. Choose the specific varieties you want to grow
- 4. Different types of seeds





- Good seeds and good soil really are the two pillars of a successful garden
- 2. "Without high-quality seed, all the other activities are moot." NOG
- 3. What about GMO, hybrid, open pollinated, and heirloom seeds?



SEED DEFINITIONS (JOHNNY'S SEEDS)

- 1. GMO or Genetically Modified Organisms
 - "The mechanical or biological transfer of genetic material outside of natural methods and between genera, families or kingdoms."
- 2. **Hybrid** "The offspring of a cross between two or more varieties, usually of the same species."
- 3. **Open-Pollinated** "A non-hybrid variety. One that can reproduce itself in kind."
- 4. **Heirloom** "An old variety that owes its present availability to the seed-saving efforts of amateurs." All heirlooms are open-pollinated.

- 1. GMO seeds have serious health and environmental concerns that continue to mount.
- 2. Hybrid seeds are not "evil." We are all hybrids!
- 3. Hybrid seeds can have added vigor, uniformity and disease resistance.
- 4. Hybrid seeds will not reproduce "true to type."



- 1. There is evidence that nutritional content may be superior in open-pollinated varieties.
- 2. If you want to save your own seed, you need to use open-pollinated seeds.
- 3. Saving seed is unique to different plants. You need a good book to guide you.



SEED COMPANIES

- Johnny's Selected Seeds (Maine)
- 2. High Mowing Seeds (Vermont)
- 3. Baker's Creek Heirloom Seeds (Missouri)
- 4. Southern Exposure (Virginia)
- 5. Territorial Seeds (Oregon)
- 6. Peaceful Valley (California)



SEED COMPANIES

- 1. Look for the "Safe Seed Pledge"
- 2. "...The mechanical transfer of genetic material outside of natural reproductive methods and between genera, families, or kingdoms, poses great biological risks as well as economic, political, and cultural threats. We feel that genetically engineered varieties have been insufficiently tested prior to public release...."





CHOOSING VARIETIES

- 1. Do you want to save seeds?
- 2. Pick a seed company or two
- 3. Order a catalog or look online
- 4. Ask your local farmers
- 5. Watch reviews
- 6. Or use some of our favorites!







TRANSPLANTING ADVANTAGES

- ➤ Transplanting is more reliable
- Better plant care and cost efficiency
- ➤ An almost sure harvest
- ➤ Previous crop productivity
- ➤ It is easier to deal with weeds
- ➤ It increases the effectiveness and efficiency of succession planting
- ➤ Shelter gives a head start

TRANSPLANTING

- 1. Starting your own transplants vs. buying them
- 2. Tomato, eggplant, and peppers a little more challenging
- 3. Using a heat mat



TRANSPLANTING

- 1. Germination temperatures
- 2. Ideal temperature for most crops: 70-75° F (21-24° C)
- 3. Ideal temperature for asparagus, cucumber, eggplant, melon, pepper, and squash: 75-80° F (24-27° C)





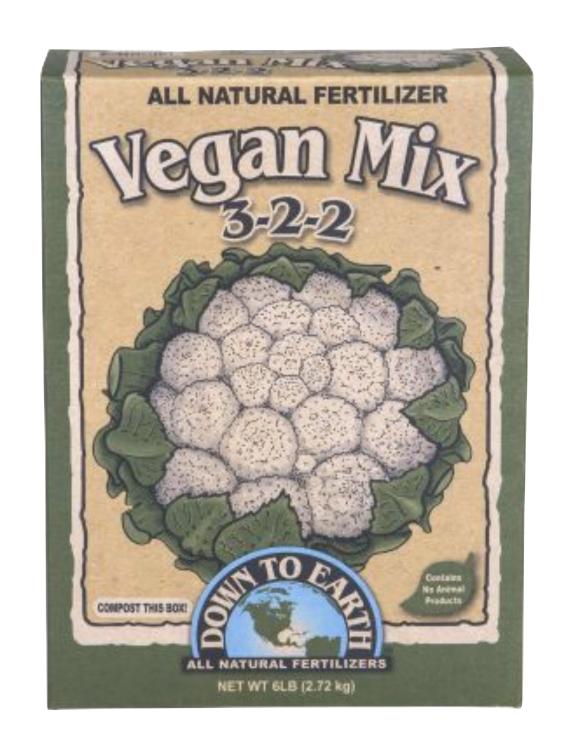
POTTING MIX RECIPE

1. Potting Mix Recipe:	Full	Half	Quarter
2. Peat Moss	6 gallons	3 gallons	1.5 gallons
3. Compost	6 gallons	3 gallons	1.5 gallons
4. Course Perlite	2 gallons	1 gallon	1/2 gallon
5. Fertilizer Mix	2 cups	1 cup	1/2 cup

6. **Note:** 2 gallon buckets work well for measuring. You can find them at your local hardware store.

FERTILIZER MIX

- 1. Down to Earth Vegan Mix
 - 1. OMRI Listed
 - 2. 100% Plant Based
 - 3. Excellent balance of nutrients
 - Soy bean meal, canola meal, alfalfa meal, rock phosphate, langbeinite, greensand, kelp meal and humic acids





LEAVES AND ROOTS SEEDS AND FRUITS

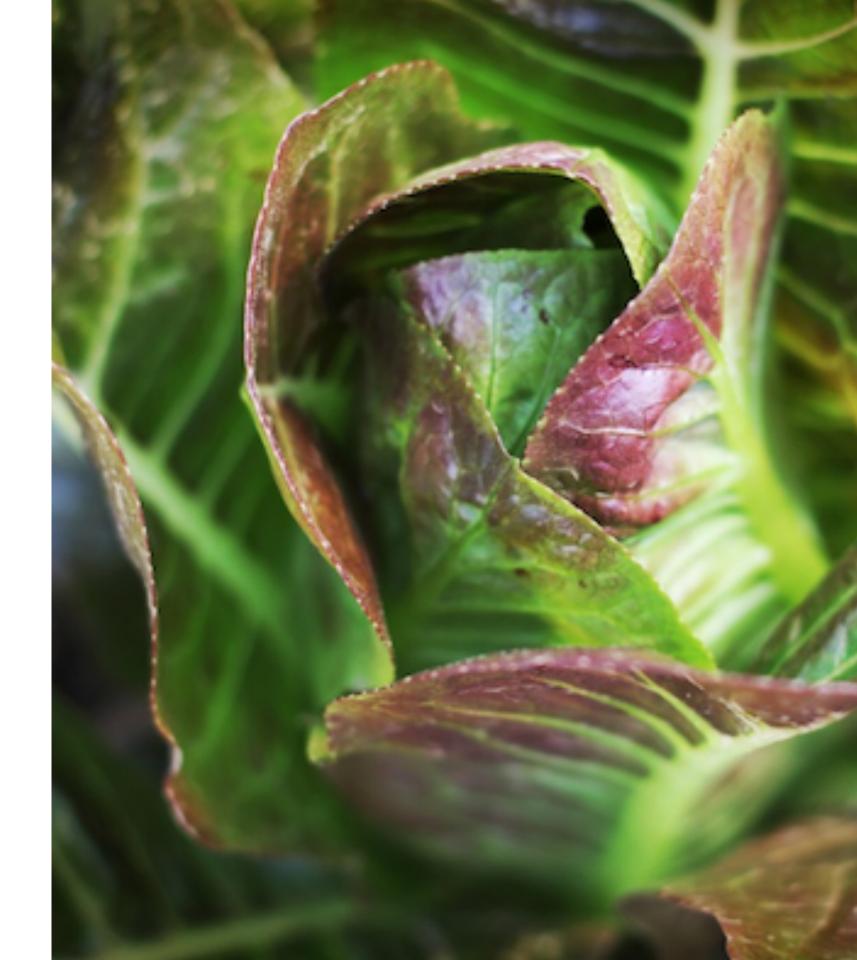
WINTER SUMMER



Low Freeze Tolerance **Medium Freeze Tolerance High Freeze Tolerance** Chinese Cabbage Sorrel Lettuce Rutabaga Chicory (radicchio, Kohlrabi endive, escarole) Collards Turnips (hakurei - low) Broccoli Kale **Brussels Sprouts** Cauliflower Maché Cilantro Cabbage Spinach Yukina Savoy Parsley Beets Radishes Carrots Celery Parsnips Bok Choi Dandelion Greens Baby Greens

COLD TOLERANT VEGGIES

- 1. These are all great veggies to grow in the early spring, fall, or even straight through the winter
- 2. Remember that your cool season veggies are mostly leaf and root veggies while your summer ones are mainly fruits and seeds
- 3. Exceptions (including varieties)



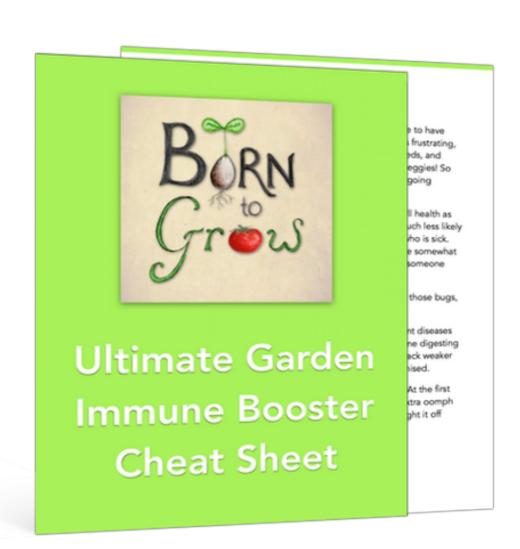


YBGE SESSION 1 HOMEWORK

- 1. **Make a list** of what you want to grow
- 2. Choose which varieties you want to grow and which seed companies you will order from
- 3. **Go LIVE or post** in the FB group and share your #1 takeaway from today's training



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