



Neither of us come from a
farming background

















2018









- Added cows and pigs!



- Year two - expanded the garden
- Finally had a well at this point
- No more hauling water from the creek. Yay!!!



Choosing What to Grow

Start with the end in mind





Look at your pantry
and freezer - what are
you still buying that
you could grow?



Take an Inventory

- Spaghetti sauce- you need tomatoes, onions, garlic
- Salsa- tomatoes, onions, jalapenos
- Pickles- Cucumbers, garlic, dill





List out all the vegetables you would need if you wanted to grow them yourself



Options for smaller gardens:

- Grow high dollar items
- Grow for better taste
- High yield, low space crops
- Succession planting



If you are growing a years supply of food, it's more food than you think you would need!!



Eliminating the Grocery Store



2018



2019



2020



2021



2022



2023



The Seasonal Homestead

Have plenty of storage vegetables for fall, winter, and early spring eating.





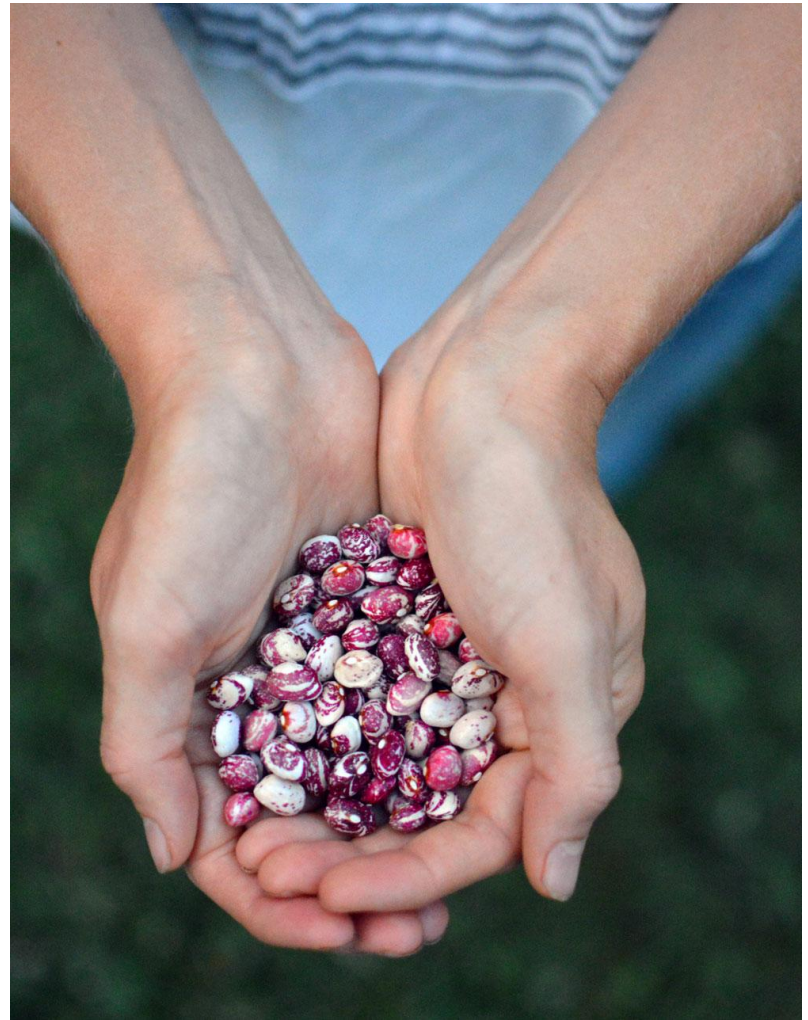
Have fresh
vegetables from
the garden year
round





The Seasonal Homestead

1. Take an inventory of pantry and freezer, and current fresh produce you buy
2. List out all the vegetables you need to grow (herbs too!)
3. Figure out how much you need of each vegetable





How do I? ...Can Tomatoes

Selecting, Preparing and Canning Tomatoes

Spaghetti Sauce without Meat

- 30 lbs tomatoes
- 1 cup chopped onions
- 5 cloves garlic, minced
- 1 cup chopped celery or green pepper
- 1 lb fresh mushrooms, sliced (optional)
- 4-1/2 tsp salt
- 2 tbsp oregano
- 4 tbsp minced parsley
- 2 tsp black pepper
- 1/4 cup brown sugar
- 1/4 cup vegetable oil

Yield: About 9 pints

Please read [Using Pressure Canners](#) before beginning. If this is your first time canning, it is recommended that you read [Principles of Home Canning](#).

Procedure: Caution: Do not increase the proportion of onions, peppers, or mushrooms. Wash tomatoes and dip in boiling water for 30 to 60 seconds or until skins split. Dip in cold water and slip off skins. Remove cores and quarter tomatoes. Boil 20 minutes, uncovered, in large saucepan. Put through food mill or sieve. Saute onions, garlic, celery or peppers, and mushrooms (if desired) in vegetable oil until





How Much to Plant for a Year's Supply of Food

Vegetable	How Much to Plant Per Person
Asparagus	25 Plants
Broccoli	15 Plants
Bush Green Beans	50 Plants
Cabbage	10 Plants
Carrots	120 Plants
Celery	10 Plants
Corn, Sweet	100 Row Feet
Cucumbers	4 Plants
Dried Beans	50 Plants
Garlic	50 Plants
Green Onions	15 Plants
Kale	40 Plants
Lettuce/ Other Greens	40 Plants
Onion Bulbs	50 Plants
Peppers	5-7 Plants
Potatoes	50 Row Feet
Shelling Peas	100 Row Feet
Summer Squash	1-2 Plants
Sweet Potatoes	8 Plants
Tomatoes	10-12 Plants (plant at least half that number a paste tomato, i.e. Roma, if canning)
Winter Squash	2-4 Plants

Updated December 2023



1. Take an inventory of pantry and freezer, and current fresh produce you buy
2. List out all the vegetables you need to grow (herbs too!)
3. Figure out how much you need of each vegetable
4. **Decide what varieties to grow**



Things to
consider
when
choosing a
variety

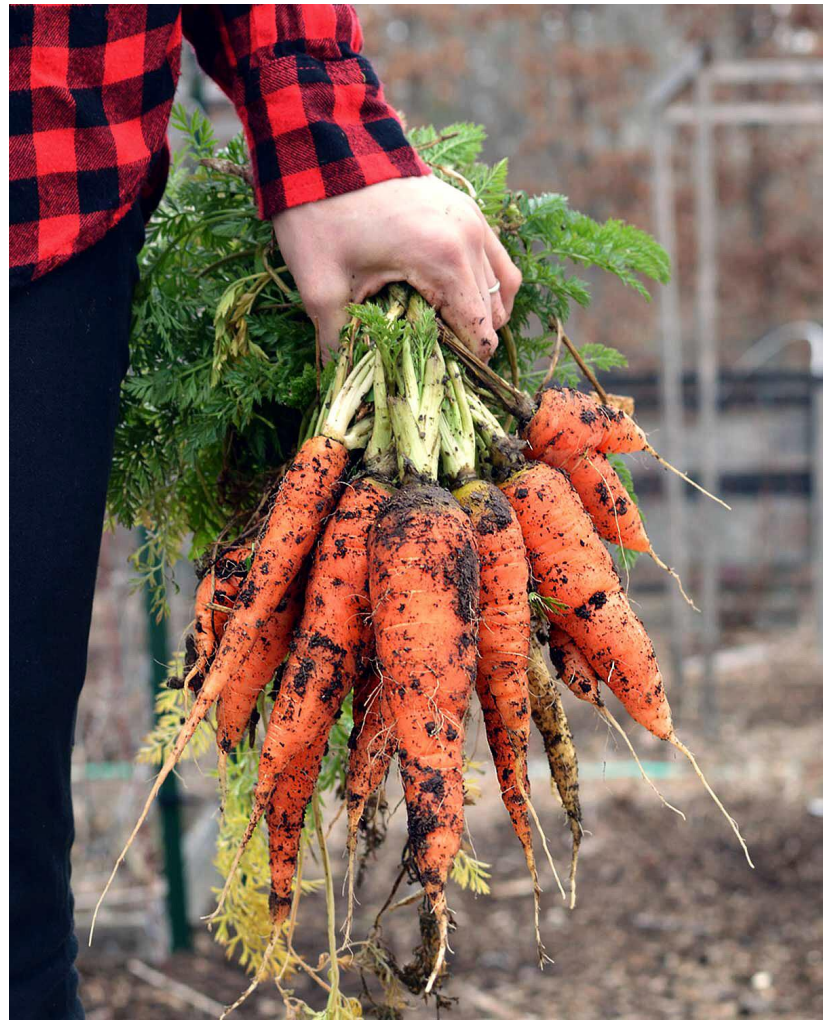


1. Purpose













2. Days to Maturity







3. Open Pollination vs Hybrid











4. Disease Resistance





12-18" apart, depending. 30 seeds/foot in rows 12-18" apart. Storage: 18 months.
 Batch: 778375 Germin: 97%
 2 3 2 2 - M 0 1 0
 1 0 R 2 8 - 0 4

HIGH MOWING Organic Seeds

Purple Mizuna Asian Greens
 1/8 OZ
 21 days baby, 40 full size
 Purple veined leaves are deeply serrated and slow to bolt with mild flavor.
 Brassica rapa var. nipponensis
 Direct sow early spring to early fall, needs 12" deep. For baby leaf use sow both in 2-4" bands. Full size use 12 seeds/ft, thinned to 6" apart in rows 18" apart.
 Germin: 97%
 1/2023
 Batch: 26781
 2 4 9 1 - 8
 1 0 R 2 8 - 0 4

USDA ORGANIC
 NON GMO VERIFIED

HIGH MOWING Organic Seeds

Lemon Balm
 open pollinated | 70 days to maturity
 1/32 ounce | sows-8 ft | item: 6050



USDA ORGANIC
 NON GMO VERIFIED



DELFINO CILANTRO ROW



A DELICIOUS VARIATION ON CILANTRO WITH FEATHERY FRONDS AND A DELICATE, CITRUSY FLAVOR. SLOW-TO-BOLT PLANTS MAKE DELFINO A STANDOUT IN THE HERB.

USDA ORGANIC

Batch: 77921 Germin: 80%
 532,503 Seeds / LB
 100023
 2 3 2 8 - M 0 0 2
 1 0 R 2 8 - 1 0

HIGH MOWING Organic Seeds

Winter Density Lettuce
 1/8 OZ
 28 days baby, 55 full size
 Compact heads tightly packed with crisp, dark green leaves.
 Lactuca sativa
 Lettuce: 20-30M (200M avg) seeds/ft, 325-400M (400M avg) seeds/ft, M+1,000 1,000 sq approx. 375 seeds. Direct sowing rate: Baby: 40 seeds/foot in a 2" band in rows 12-18" apart. Full size: 12 seeds/foot, thin to 1 plant every 6-8" depending on variety. In rows 12-18" apart. Thin variety: in rows 12-18" apart.
 Germin: 95%
 5/2023
 Batch: 30853
 2 5 5 9 - 8
 1 0 R 2 7 - 1 1

USDA ORGANIC

1946-A
 2 1 7 7 - 0 8

HIGH MOWING Organic Seeds

White Stemmed Pac Choy
 1/8 OZ
 25 days baby, 50 full size
 Thick, tender white stalks and deep green leaves; ideal for baby leaf. Prefers cool weather.
 Brassica rapa var. chinensis
 Transplant or direct sow spring to fall, needs 14" deep. Baby leaf-40 seeds/ft in 2-4" bands. Full size 6-10 seeds/ft, thinned to 6" apart.
 Germin: 95%
 1/2023
 Batch: 77578
 2 5 1 5 - 8 - G B M 2 7 - 0 1

USDA ORGANIC
 NON GMO VERIFIED

Southern Exposure Seed Exchange
 SAVING THE PAST FOR THE FUTURE

28103 Organic RADISH
Cherry Belle
 80% germin. Lot #AQ428
 Oct 2020 7.00 grams



USDA ORGANIC

Emerald Giant #1
 First picking 2022

HIGH MOWING Organic Seeds

Golden Acre Cabbage
 open-pollinated | 62 days
 1/32 ounce | sows-20 ft | item: 220



USDA ORGANIC

Southern Exposure Seed Exchange

WATERMELON
 55134 Organic WATERMELON
Chou Cheh Red
 92% germin. Lot # BB934
 Dec 2021 2.00 arams



USDA ORGANIC

HIGH MOWING Organic Seeds

Watermelon Radish
 1/4 OZ
 50 days
 Winter radish. Ball-shaped with bright-pink flesh, white skin and green shoulders averaging 2.5-3" in diameter. Inner 'meat' is crisp and mildly sweet.
 Raphanus sativus
 Radishes: 1.8-3.0M (2.7M avg) seeds/ft, 30-30M (40M avg) seeds/ft, M+1,000 1/16 sq approx. 170 seeds. Direct sowing rate: Garden type: 20 seeds/foot in rows 5-12" apart. Winter type and Daikon, 6-8 seeds/foot in rows 5-12" apart.
 Germin: 82%
 2/2022
 Batch: 77608
 2 8 4 7 - B - O M G 2 2 - 4 5

USDA ORGANIC
 NON GMO VERIFIED

5. Right Variety, Right Season



