

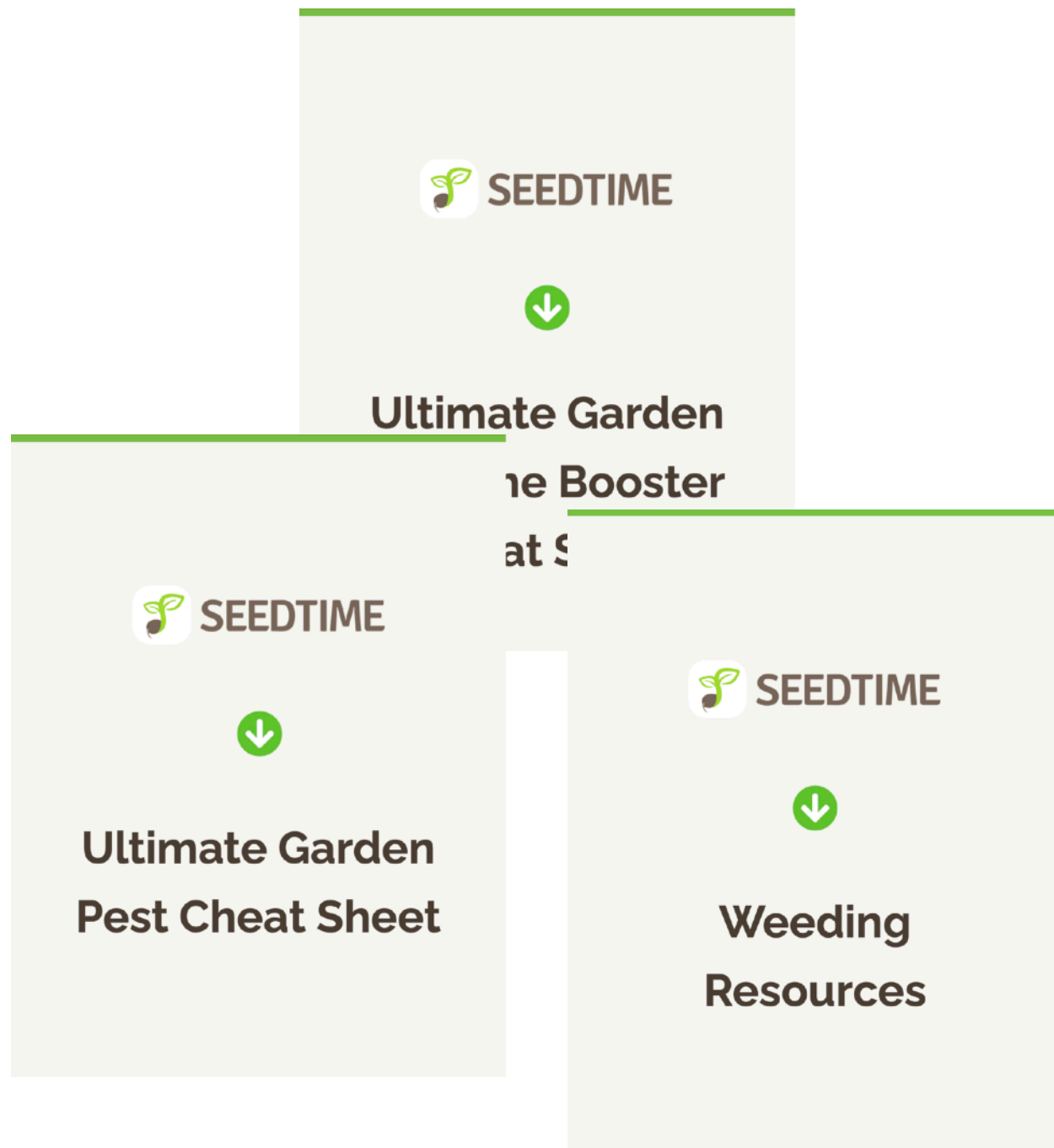


WINTER GARDEN CHALLENGE – DAY 1
Choosing What to Grow

**FREE
GIVEAWAYS**



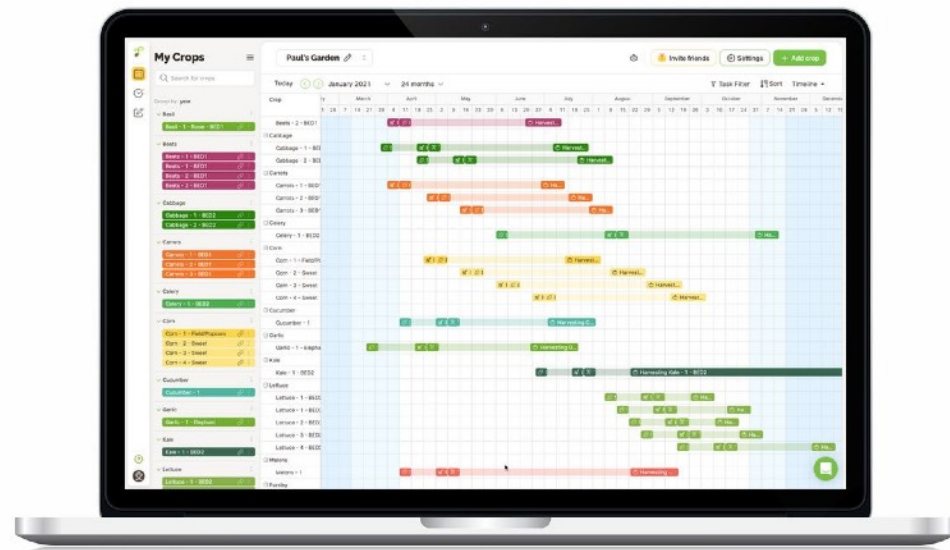
FREE GIVEAWAYS



WIN FREE PRIZES!

**FREE DRAWINGS
AT THE END OF EACH CLASS**

FREE GIVEAWAYS



WIN LIFETIME ACCESS

- Lifetime Unlimited level access to Seedtime
- Unlimited Calendars
- Task List
- Journal
- Classroom
- Future releases and more!

FREE GIVEAWAY



Ultimate Garden
Immune Booster
Cheat Sheet

Cheat Sheet

Immune Booster

FREE TONIGHT!

GIVEAWAY AT THE END OF CLASS

FREE GIVEAWAY



**Ultimate Garden
Immune Booster
Cheat Sheet**

Cheat Sheet

Ultimate Garden Immune Booster

- Our #1 natural organic fertilizer mix to grow beautiful plants that thrive
- Our favorite quick action liquid fertilizer for a fast immune boost
- The hidden all-natural fertilizer hardly anyone is using that has over 90+ trace minerals for optimum health and *incredible flavor*

EVENING SESSIONS OVERVIEW:

1. **DAY 1:** Choosing what to grow
2. **DAY 2:** Timing your winter plantings
3. **DAY 3:** Laying out your winter garden
4. **DAY 4:** Succession planting for a continual harvest
5. **DAY 5:** Protecting your winter crops

A top-down view of a wooden desk. In the upper right, a portion of a silver laptop is visible, showing keys like 'tab', 'caps lock', 'shift', 'fn', 'control', 'alt option', 'command', 'Q', 'W', 'A', 'S', 'Z', 'X', and 'D'. Below the laptop, a pair of black-rimmed glasses lies horizontally. To the right of the glasses is a white ceramic coffee cup filled with dark coffee, with a yellow handle. In the top center, a small green succulent plant is in a dark pot. The background is a dark wood-grain surface.

REPLAYS & RESOURCES

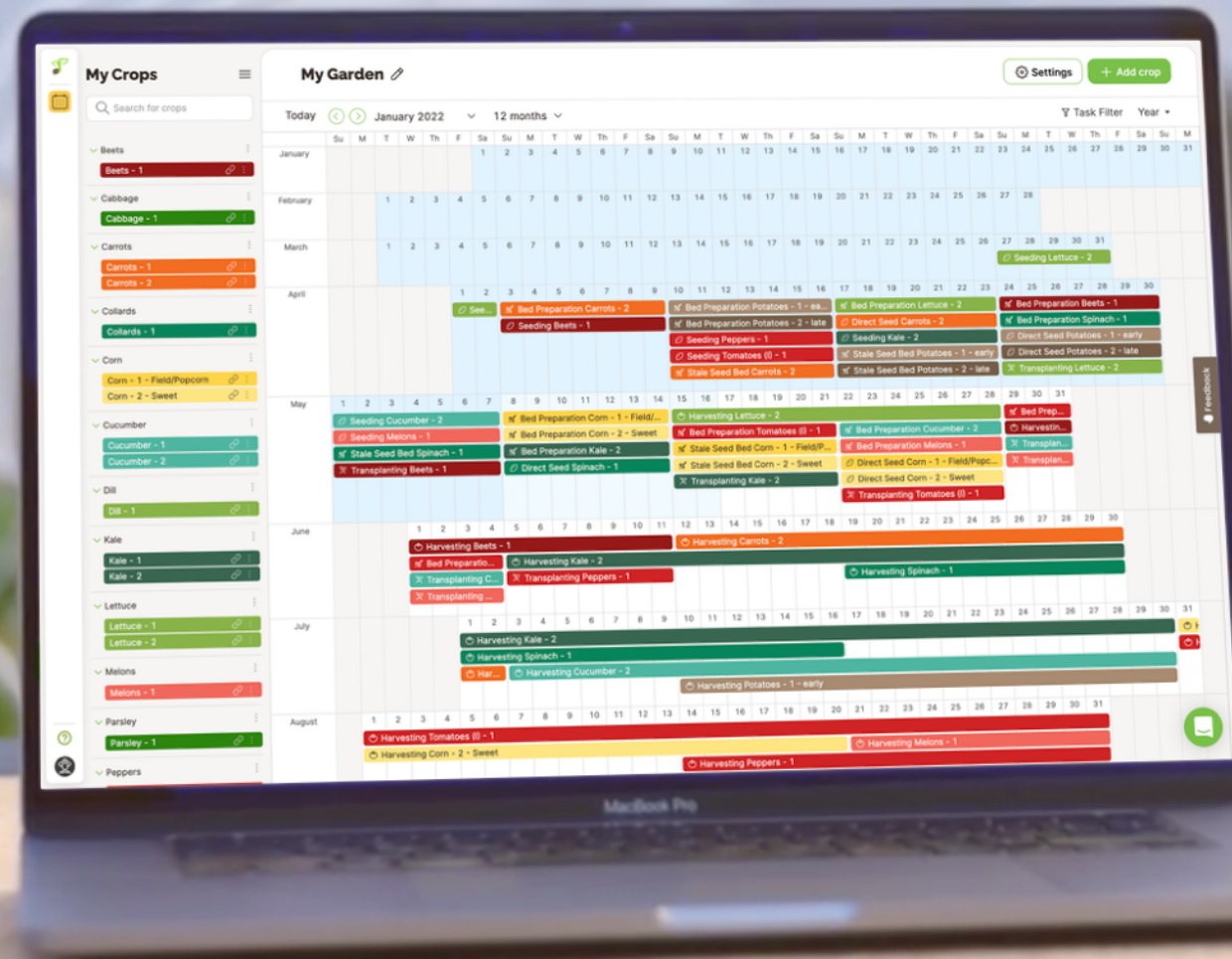
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OUR STORY





































290,000+ users

30+ countries

6 continents





Linda ~~Maingi Mutenda~~

May 10 at 7:31am · Add Topics



I am so excited and thankful to God. I have never had such great vegetables. Amending the soil really does wonders. Thank Paul Dysinger and Edwin Dysinger for all the lessons. Thanks to the Born to grow family for all the support and encouragement. We your students are truly blessed.



Like

Comment

LaRee Colburn, Melissa Bull and 22 others



Nature's Wisdom Carol [Redacted]



Yesterday at 1:32pm · Add Topics

I am new to this group. So excited for all the great information I am learning n this course! Thank-you for including me. My raised bed gardens already look better than they ever have because of this course.

For my larger garden I just received the results from my soil test. I need to add many amendments. Does anyone know a supply company in Ct/RI area?

 Like

 Comment



Sue [redacted]

July 5 at 2:39 PM · Add Topics



A kumquat that had been languishing in my yard for several years, mostly a dead twig. Decided to have one final go at it after joining BTG. Pruned, mulched, fertilized, watered - and voila! It is full of blossoms for the first time since coming to my back yard! Any hints appreciated to nurture it to mature fruit.





Karen ~~McKinnon-Tucker~~ The garden is keeping us soooo busy. We spend mornings out there and the rest of the day shelling peas and beans, preparing food for the freezer, or canning. Even with the blight, we are experiencing a huge crop of tomatoes. Thanks goes to Born to Grow for answering our questions and giving us tips that work.

[Like](#) · [Reply](#) · 21h





Scott

September 1 at 3:51 PM · Add Topics

By far, our best garden ever.



You and 10 others

4 Comments 1 Share



Scott

September 1 at 7:26 PM · Add Topics

22 pounds in today's harvest - that's all the basket would hold. The big yellow tomato is 1.5 pounds.





Ann Marie

Yesterday at 9:36 AM · Private Group



My crazy garden has been amazing this year and grew in size and abundance now working on winterizing it 😊 got hoops up on a few of the bed. Realized I forgot that pic 😂





Joelle [redacted]

July 25 at 6:58pm

So. Much. Produce!! I want to say this season might be the most ever thanks to the new methods I've been using from these garden classes.

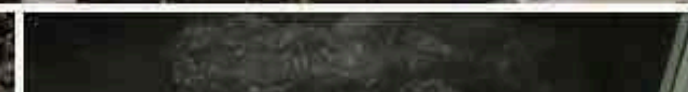




LaRee [redacted]

January 16 at 9:00pm

Kids and I started our first microgreens yesterday thanks to Paul's thorough instructions on the website! The close up pictures I took just now and as you can see they are already sprouting. So excited! I don't have a grow light so I hope there will be enough daylight from the window. We planted beets, cabbage, collard, spicy salad mix and amaranth.





Ellen Lyman

January 26 · 🌍



What an exciting day! The sun is finally out and look what I found in my unheated greenhouse after our week of -21 degree nights!!!! I used 4 layers of row cover on one bed, 2 layers each of plastic and row cover on the other. Lesson learned? Push those boundaries, plants are tougher than you think!!!!





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Farmers
FRIEND

A top-down view of a garden bed. In the center, a bunch of freshly harvested carrots with their green leafy tops is laid out on the dark brown soil. To the right, there are several pea plants with large, vibrant green leaves and some tendrils. The overall scene is bright and fresh, suggesting a healthy garden.

CHOOSING WHAT TO GROW

SEEDTIME & HARVEST

While the earth remains, seedtime and harvest, cold and heat, summer and winter, day and night, shall not cease.”

- *Genesis 8:22 (ESV)*



COOL VS. WARM SEASON VEGGIES

**WINTER
LEAVES AND ROOTS**



**SUMMER
SEEDS AND FRUITS**



Low Freeze Tolerance

Lettuce
Chicory (radicchio,
endive, escarole)
Broccoli
Cauliflower
Cilantro
Parsley
Radishes
Celery
Bok Choi

Medium Freeze Tolerance

Chinese Cabbage
Sorrel
Rutabaga
Kohlrabi
Collards
Kale
Maché
Spinach
Beets
Carrots
Parsnips
Dandelion Greens
Baby Greens

High Freeze Tolerance

Turnips (hakurei - low)
Brussels Sprouts
Cabbage
Yukina Savoy

COLD TOLERANT

1. These are all great veggies to grow in the early spring, fall, or even straight through the winter
2. Remember that your winter veggies are pretty much all leaf and root veggies while your summer ones are mainly fruits and seeds





ALL ABOUT SEEDS

ALL ABOUT SEEDS

1. Good seeds and good soil really are the two pillars of a successful garden
2. “Without high-quality seed, all the other activities are moot.” - NOG by Elliot Coleman
3. What about GMO, hybrid, open pollinated, and heirloom seeds?



ALL ABOUT SEEDS

1. GMO seeds have serious health and environmental concerns that continue to mount.
2. Hybrid seeds are not “evil” and can have added vigor, uniformity and disease resistance.
3. Hybrid seeds will not reproduce “true to type.”



ALL ABOUT SEEDS

1. If you want to save your own seed, you should use open-pollinated/heirloom seeds.
2. Saving seed is unique to different plants. You should get a good book to guide you.

Recommendation: **The Seed Garden**



SEED COMPANIES

1. **Seedtime** - Get 20% OFF!
2. Johnny's Selected Seeds (Maine)
3. High Mowing Seeds (Vermont)
4. Baker's Creek Heirloom Seeds (Missouri)
5. Southern Exposure (Virginia)
6. Territorial Seeds (Oregon)
7. Peaceful Valley (California)
8. Mlgardener (Michigan)
9. Botanical Interests (Colorado)
10. Seeds for Generations (Virginia)

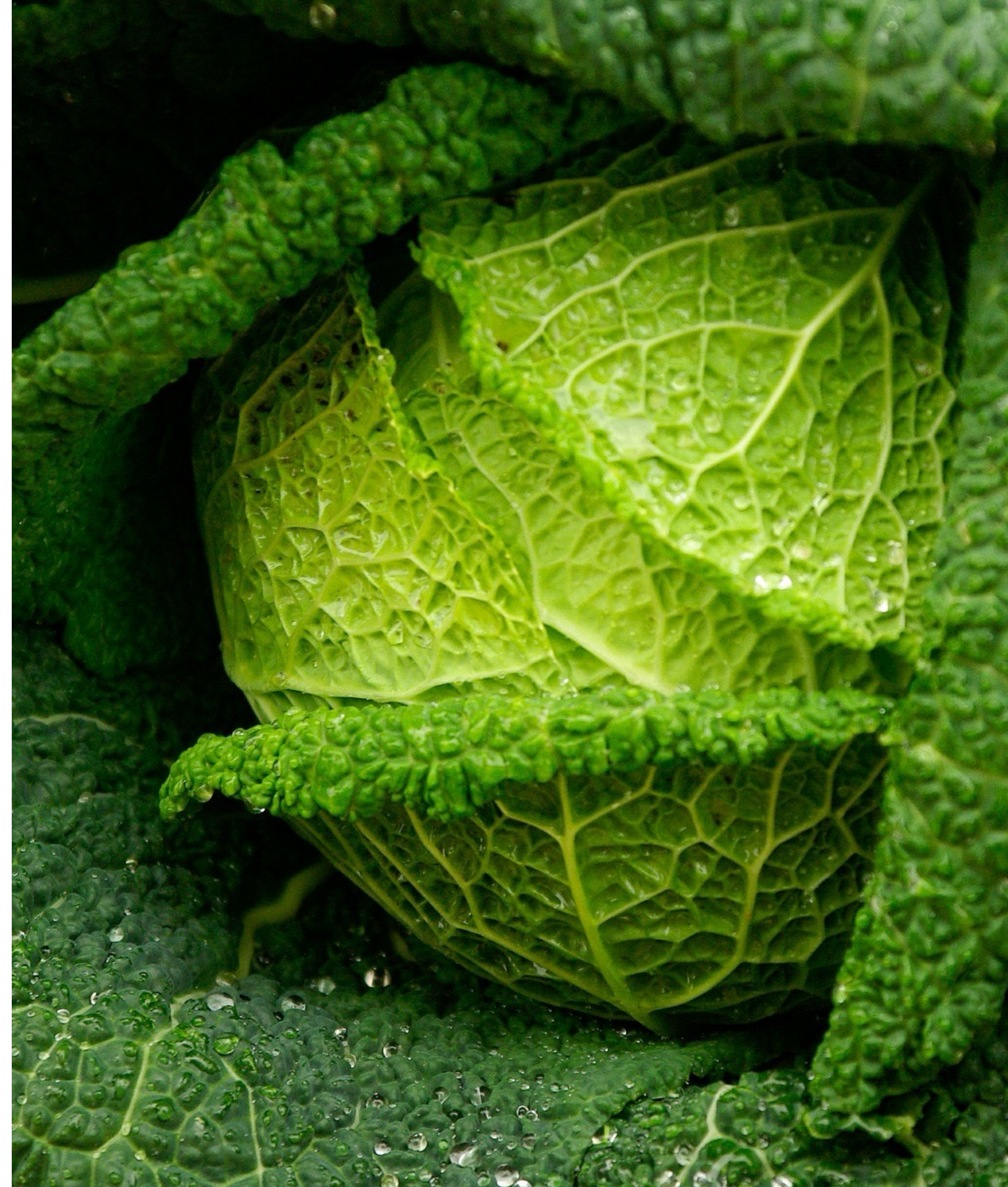


A top-down view of a garden bed. In the center, a bunch of freshly harvested carrots with their green leafy tops is laid out on the dark brown soil. To the right, there are several pea plants with large, vibrant green leaves and some small white flowers. The bottom of the image shows a person's feet wearing brown leather boots and blue denim jeans, standing on the soil. A dark, semi-transparent banner with white text is overlaid across the middle of the image.

CHOOSING WHAT TO GROW

MAKE A LIST

1. Make a list of what you would like to grow
2. Be as specific as possible
 1. Curly Kale
 2. Storage Cabbage
3. Choose the specific varieties you want to grow
4. Keep in mind different types of seeds





CHOOSING SEED VARIETIES

CHOOSING VARIETIES

1. Do you want to save seeds?
2. Pick a seed company or two
3. Order a catalog or look online
4. Ask your local farmers
5. Watch reviews
6. Or use some of our favorites!





HOMework

HOMWORK

1. **Download** the homework sheet
2. **Make a list** of what you want to grow this winter
3. Celebrate by going LIVE or posting in the FB group and **share your #1 takeaway** from today's class



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UPGRADE TO VIP FOR FREE

- **VIP Session 1: Monday**
 - Deep dive into different seed types
 - Direct seeding
 - Transplanting
 - Bonus potting mix recipe
 - VIP Q+A
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FREE GIVEAWAY



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